



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY ITALIAN	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MEAT	Classic Lasagne	Lentil and Vegetable Sausage Roll	Roast Chicken & Roast Gravy	Turkey Meatballs in Tomato Sauce	Oven Baked Fish Fingers or Salmon Fish Fingers
Vegetarian	Butternut Squash and Spinach Pasta Bake	Courgette Spaghetti, Tomato and Butterbeans	Roast Quorn Fillet & Gravy	Tomato, Cheddar and Red Onion Tart	Cheese & Tomato Pizza
Carbohydrates	Garlic Bread Slices	New Potatoes	Roasted Potatoes	Boiled White and Brown Rice	Oven Baked Chips
Vegetables	Mixed Salad, Coleslaw	Green Beans Fresh Sliced Carrots	Fresh Carrots Broccoli Florets	Roasted Sweetcorn Mixed Salad	Garden Peas, Baked Beans, Mixed Salad
Dessert	Shortbread biscuit	Oaty Peach Crumble and Custard	Fresh Vanilla Sponge and Custard	Fresh Fruit Wedges	Cornflake Cake

WEEK 2 MENU

WEEK COMMENCING
04/11, 25/11, 16/12, 06/01, 27/01, 17/02,
00/03, 30/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	ORIGINALS DAY	STREET FOOD DAY	PLANET EARTH DAY	WORLD FOOD DAY CHINESE	FRIDAY FAVOURITES
MAIN 1	Oven Baked Sausage & Onion Gravy	Southern Baked Chicken Fillet with BBQ Sauce	Macaroni Cheese with Garlic Bread	Sweet and Sour Chicken	Oven Baked Breaded Fish (Pollack)
Vegetarian	Quorn Sausage & Onion Gravy	Southern Baked Halloumi Burger, Bun & Salad with BBQ Sauce	Beetroot and Carrot Burger	Chinese Stir Fried Vegetables	Cheddar Cheese & Tomato Panini
Carbohydrates	Mashed Potatoes	Mildly Spiced Diced Potatoes	Baked Sweet Potato Wedges	Boiled White and Brown Rice	Oven Baked Chips
Vegetables	Fine Green Beans and Fresh Sliced Carrots	BBQ Baked Beans, Red Cabbage Coleslaw	Coleslaw and Mixed Salad	Broccoli Florets and Sweetcorn	Garden Peas, Baked Beans
Dessert	vanilla Sponge & custard Sauce	Oat and raisin flapjack	Fresh Fruit Wedges	Caramelised Pineapple and Vanilla Ice Cream	Strawberry Jelly(V) Fresh Fruit Salad

AVAILABLE DAILY: Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt & a mixed salad bar • Freshly baked bread (white & wholemeal)
FOR ALLERGEN CONTENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST



WEEK 3 MENU



WEEK COMMENCING
11/11, 02/12, 23/12, 13/01, 03/02, 24/02,
16/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY EASTERN	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Mild Chicken Curry	Lentil and Vegetable Cottage Pie	Roast Loin of Pork with Apple Sauce	BBQ Chicken & Sweetcorn Pizza	Oven Baked Fish Fingers or Salmon Bites
Vegetarian	Cauliflower and Chick Pea Curry	Italian Baked Gnocchi (Little Potato Dumplings)	Quorn Roast	Mixed Bean and Vegetable Wrap	Quorn Hot Dog Roll
Carbohydrates	Boiled White and Brown Rice	Mashed Potato	Roast Potatoes	Half Jacket Potato	Oven Baked Chips
Vegetables	Green Beans and Sweetcorn	Fresh Glazed Carrots and Green Beans	Savoy Cabbage Roasted Vegetables	Broccoli Florets Mixed Bean Salad	Garden Peas, Baked Beans
Dessert	Fresh Vanilla Sponge and Lemon Sauce	Vanilla cupCake	Wholemeal Apple Crumble & Custard	Strawberry Jelly (V)	Vanilla Ice Cream Slice and Fresh Fruit Salad

AVAILABLE DAILY: Freshly cooked jacket potatoes with a daily choice of two toppings • Fresh fruit, yogurt & a mixed salad bar • Freshly baked bread (white & wholemeal)
FOR ALLERGEN CONTENT PLEASE SPEAK TO MEMBER OF STAFF WHO WILL BE HAPPY TO ASSIST

