

WEEK 1 MENU

w/c-



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Sausage & Onion Gravy	Spaghetti Bolognaise	Roast Chicken Roast Gammon	Macaroni Cheese	Fish Finger Bap
Main 2	Quorn Sausage & Gravy	Vegetable Quesadilla	Roasted Quorn Fillet & Gravy	Shepherdess Pie	Cheese Flan
Carbohydrates	Mashed Potatoes	Braised Rice	Roasted Potatoes	Garlic Bread	Oven Baked Chips
Vegetables	Broccoli Garden Peas	Sweetcorn Roasted Peppers	Fresh Glazed Carrots	Broccoli Sweetcorn Mixed Salad	Garden Peas Baked Beans Mixed Salad
Desserts	Apple Shortbread Selection of Yoghurts	Honey Krispie Cake Selection of Yoghurts	Peach Crumble and Ice Cream Selection of Yoghurts	Orange Jelly Fresh Fruit Wedges Selection of Yoghurts	Mango Frozen Yoghurt Selection of Fruit Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



WEEK 2 MENU

w/c -



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Meatballs in Tomato Sauce	Roasted Vegetable Lasagne	Roast Chicken	Pulled Chicken Burger	Handmade Sausage Roll
Main 2	Vegan Meatballs	Spinach, Potato and Chickpea Curry	Vegetarian Sausages	Quorn Sausage Pattie Burger	Fish Fingers
Carbohydrates	Penne Pasta	Garlic Bread, Braised Rice	Roasted Potatoes	Boiled White and Brown Rice	Oven Baked Chips Potato Wedges
Vegetables	Roasted Vegetables Mixed Salad	Steamed Carrots	Mixed Vegetables	Sweetcorn	Garden Peas Baked Beans
Desserts	Watermelon Lollies Selection of Yoghurts	Fresh Vanilla Sponge Selection of Yoghurts	Mandarin Cheesecake Selection of Yoghurts	Apple and carrot Muffin Selection of Yoghurts	Vanilla Cookie Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world! **Vegetarian** **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



WEEK 3 MENU

w/c -



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Mild Chicken Tikka	Freshly Made Burger in a Bun	Roast Chicken	Mixed Bean and Corn Quesadilla  	Oven Baked Fish Fingers
Main 2	Vegan Potato and White Bean Chilli   	Southern Baked Quorn Burger, Bun & Salad 	Cheese Whirl  	Roasted Vegetable Pasta Bake   	Quorn Dippers 
Carbohydrates	Braised Rice 	Potato Wedges 	Roast Potatoes, Gravy  	Garlic and Parsley Bread 	Oven Baked Chips
Vegetables	Pitta Bread Mixed Vegetables	Sweetcorn	Fresh Carrots	Roasted Peppers Garden Peas	Garden Peas Baked Beans 
Desserts	Fresh Oat and Zesty Lemon Cookie Selection of Yoghurts	Raspberry Jelly Selection of Yoghurts 	Bread & Butter Pudding Selection of Yoghurts	Bramley Apple Crumble & Ice Cream Selection of Yoghurts	Frozen Mango Sorbet Selection of Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan



Organic

For allergen content please speak to member of staff who will be happy to assist



Working together