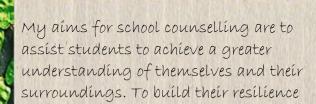
## Meet OA Limeside's SEMH Practitioner

## Miss Donaldson



and offer any support they will need at

any time.

Oasis Limeside has a big commitment to ensure all our students feel safe and are confident to seek help, should they need to. Students should be able to come to school with a health, positive mindset, knowing that there is always help available.

At Oasis we are great with wellbeing etc with many things being delivered, equip the students with the knowledge they may need to manage their wellbeing.

Childrens mental health is my passion and will always strive to put in 100% into ensuring all children feel safe and valued.

My aims for school counselling

More about me ...

My name is Miss Donaldson. I am the newly appointed Pastoral and school counsellor which I am very excited about. This role involves working/helping students reach their full potential and by providing care and support within a safe space. All children should have the space and time to understand and manage their mental health in a positive, inclusive environment.. I have worked at Oasis Limeside for 10 years, starting in the 2 year unit.

The qualifications and training that I have attended:

NVQ level 3 in childcare

Oasis Designated Safeguarding Lead

Training

ACES

Prevent

Level 1/2 Counselling

Bereavement (primary/secondary)

Mindfulness Diploma

CSE

Looked after children

Mentoring

Managing mental health

Support children to manage feelings and

behaviour.

Introduction to RSE

Stress Awareness

Supporting young people with Mental

Health.

I have also completed various workshops relating to Mental Health Awareness