

# Meet OA Limeside's SEMH Practitioner

Miss Donaldson



More about me ...

My name is Miss Donaldson. I am the newly appointed Pastoral and school counsellor which I am very excited about. This role involves working/helping students reach their full potential and by providing care and support within a safe space. All children should have the space and time to understand and manage their mental health in a positive, inclusive environment.. I have worked at Oasis Limeside for 10 years, starting in the 2 year unit.

My aims for school counselling

My aims for school counselling are to assist students to achieve a greater understanding of themselves and their surroundings. To build their resilience and offer any support they will need at any time.

Oasis Limeside has a big commitment to ensure all our students feel safe and are confident to seek help, should they need to. Students should be able to come to school with a health, positive mindset, knowing that there is always help available.

At Oasis we are great with wellbeing etc with many things being delivered, equip the students with the knowledge they may need to manage their wellbeing.

Childrens mental health is my passion and will always strive to put in 100% into ensuring all children feel safe and valued.

The qualifications and training that I have attended:

NVQ level 3 in childcare  
Oasis Designated Safeguarding Lead Training  
ACEs  
Prevent  
Level 1/2 Counselling  
Bereavement (primary/secondary)  
Mindfulness Diploma  
CSE  
Looked after children  
Mentoring  
Managing mental health  
Support children to manage feelings and behaviour.  
Introduction to RSE  
Stress Awareness  
Supporting young people with Mental Health.  
I have also completed various workshops relating to Mental Health Awareness

